



People & Quality Solutions
advancing safety thinking

> Online Personal Safety Awareness Course

People and Quality Solutions (PaQS) has developed an accredited, competency-based course that enables employees and contractors to complete a series of online exercises to help measure, focus and shape their attitude towards safety in the workplace.

It provides participants with a personal self-learning experience of advanced safety thinking concepts. Through self-directed behaviour modification exercises and immediate feedback, safety-thinking elements are reinforced positively and constructively. The course establishes a rational understanding, heightened alertness, confidence and motivation (attitude) in an interactive and supportive way that is both personally relevant and empowering.

The course has evolved from the original, nationally recognised, competency-based course in Advanced Safety and Quality Awareness.

> Customised to your Company and Culture

There is a core online course and tailored modules aimed at your industry and culture including one specifically focused on those entering the workforce as apprentices or trainees.

The apprentice online course has been designed and developed to fit into safety induction programs for trainees and apprentices.

The course is designed to develop young worker's attitude towards safety as well as their confidence and self esteem through building self-awareness. The course also provides them with communication skills and strategies that enable them to deal with issues such as conflict and bullying. This emphasis on empowering the individual is fundamental to all of PaQS' safety training.

The benefit to employers is obvious when looking at the modules of the new apprentice safety training course - workplace culture concepts designed to develop apprentice's workplace values; supervision attitudes; safety thinking; perception and judgement; and advanced safety awareness.





> Completed Online

Participants can complete the course at their own pace, usually in less than two hours. A login and logout feature is available 24/7 providing flexibility and convenience for both the participant and their supervisor. Feedback from participants has been incredibly positive, with many finding the psychological approach to safety more comprehensive and the structure of the online course to be user friendly and efficient.



> About PaQS



PaQS is a safety culture coaching and training organisation that specialises in advancing safety thinking, with a focus on personal responsibility.

PaQS' programs aim to make constructive attitude and behavioural change by providing organisations with self-managing safety culture and leadership coaching.

Founded in 1982, psychologists Carl and Donna Reams, have developed a team of professionals passionate about safety in the workplace and empowering individuals.

> Contact PaQS



For more information on PaQS and its services, visit www.paqs.com.au or call +61 2 4949 4500.



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