

# **Student Training Plan**

## **Course in Advanced Safety Awareness 91437NSW**

<b>Level</b>	<b>Activity</b>	<b>Nominal Hours</b>		
<b>1</b> Unit PQ ASA 1	<p>Students undertake the Australian – Safety Awareness Training Survey (A-SATS)</p> <ul style="list-style-type: none"> <li>- conducted by PaQS Safety Coach and</li> <li>- scored by PaQS Assessment Services</li> </ul> <p>Students coached individually on A-SATS by PaQS Safety Coach</p> <ul style="list-style-type: none"> <li>- students complete unit of competency questions</li> <li>- students receive CD 1 (self-paced learning)</li> <li>- students receive the Individual Action Module Number One</li> <li>- students to complete online CSI and receive immediate private report</li> </ul> <p>Students are posted a further two Individual Action Modules which are * mailed to their home address on the first of each month.</p> <p style="text-align: center;"><b>STATEMENT OF ATTAINMENT ISSUED</b></p>	3 hours		
<b>2</b>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p><b>Option A Self- Training Teams</b> Consists of 1 - hour modules in a self-managed environment</p> </td> <td style="width: 50%; vertical-align: top;"> <p><b>Option B Group Training Teams</b> Consists of six 1 - hour sessions in a group environment</p> </td> </tr> </table> <p>Students implement and carry out Personal Action Plan</p> <p style="text-align: center;"><b>STATEMENT OF ATTENDANCE ISSUED</b></p>	<p><b>Option A Self- Training Teams</b> Consists of 1 - hour modules in a self-managed environment</p>	<p><b>Option B Group Training Teams</b> Consists of six 1 - hour sessions in a group environment</p>	9 Hours
<p><b>Option A Self- Training Teams</b> Consists of 1 - hour modules in a self-managed environment</p>	<p><b>Option B Group Training Teams</b> Consists of six 1 - hour sessions in a group environment</p>			
<b>3</b>  Units PQ ASA 2 to PQ ASA 4	<p>Students undertake A-SAT Survey</p> <ul style="list-style-type: none"> <li>- conducted by PaQS Safety Coach and</li> <li>- scored by PaQS Assessment Services</li> </ul> <p>Students coached individually on A-SATS by PaQS Safety Coach</p> <ul style="list-style-type: none"> <li>- review Personal Action Plan</li> <li>- students complete a Personal Action Plan</li> <li>- students complete units of competency questions</li> <li>- students receive CD 2 (self-paced learning)</li> <li>- *students are mailed 3 Individual Action Modules</li> </ul> <p>Level 4 Workbook and Resource guide introduced to students</p> <p style="text-align: center;"><b>STATEMENT OF ATTAINMENT ISSUED</b></p>	3 hours		
<b>4</b>	<p>Individual coaching of Level 4 Workbook and Resource guide</p> <p style="text-align: center;"><b>STATEMENT OF ATTENDANCE ISSUED</b></p>	6 hours		
<b>5</b>  Units PQ ASA 5 To PQ ASA 6	<p>Students undertake A-SAT Survey</p> <ul style="list-style-type: none"> <li>- conducted by PaQS Safety Coach and</li> <li>- scored by PaQS Assessment Services</li> </ul> <p>Students coached individually on A-SATS by PaQS Safety Coach</p> <ul style="list-style-type: none"> <li>- students completed 'Promoting Safety Thinking ' activity reviewed</li> <li>- students complete unit of competency questions</li> <li>- students complete a Personal Action Plan (continuous improvement)</li> <li>- students receive CD 3 (self-paced learning)</li> <li>- * students are mailed 3 Individual Action Modules</li> </ul> <p style="text-align: center;"><b>STATEMENT OF ATTAINMENT ISSUED</b></p>	3 hours		

- See reverse for unit descriptors

UNIT NO.	UNIT NAME (Best practice when units are delivered within 12 to 18 months)
<b>PQ ASA 1</b>	Develop personal safety awareness knowledge and skills
<b>PQ ASA 2</b> <b>PQ ASA 3</b> <b>PQ ASA 4</b>	Apply an understanding of personal safety control and risk avoidance awareness to prevent workplace incidents and injuries Apply knowledge of personal safety behaviours in the workplace Identify areas of personal stress and implement strategies for stress reduction within the workplace
<b>PQ ASA 5</b> <b>PQ ASA 6</b>	Apply principles of professional safety awareness practices within the workplace Develop, implement and evaluate a personal safety awareness behavioural strategy